

LCN Connections Special Edition – August 2013  
**In Memory of Carol de la Herran**

**FOR CAROL**

*by Paul Rademacher*

When I was TMI's Executive Director the stress would sometimes pile up in my neck, with stabbing pains shooting into my back and shoulders. Back then, Carol was the Program Director and she would take one look at me and offer to give me a Reiki session right then and there, no matter how busy she was – and she was ALWAYS busy.

Carol could get more work done than almost anyone I've ever met. I often worried about HER stress, but she would just shrug it off, assuring me she was only doing what she loved.

I can still hear her elevated voice proclaiming, "This stuff really works!" whenever she was talking about HemiSync. She was living proof, for it had changed her life.

But Hemi-Sync wasn't the only thing in her life that "worked" for those around her. She was a joy to be with, brilliant, insightful, and dedicated beyond measure. She was also a great, great friend.

Amazingly Carol's Reiki sessions always eased my neck pain. But the two of us also would take long walks together and I would let her in on what was nagging at me. During those strolls she brought healing that was so much deeper than physical. It was balm for the soul. I miss her terribly.



